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The ability to focus attention on important things is a defining characteristic of intelligence.

We create our own reality, depending on what we focus upon. We attract those things in our life (money, relationships, employment) that we focus on. I wish I could tell you that it is as simple as stating an affirmation, but no affirmation is going to work if your thoughts or feelings are negating the positive.

When we focus on "having less" then we create that experience for ourselves. When we focus on "I hate my job" then we will never notice the aspects of our job that might be satisfying. Basically, just wanting something isn't going to bring that to us when we continue to obsess on the not having of that something. All we will experience is "not having" and will be ultimately blocking our true desires.

The Law of Focus and Attraction works regardless if you are working at it or not; regardless of your manifesting an Attitude of Abundance or not! Following the above will help in bringing forth abundance, wellness, happiness, and wholeness through positive thinking and creative actions. The problem is that we can unknowingly be attracting things that we don't want. In order to attract the things you do want is to focus on the positives and to "feel good."

Azim Hashim Premj

Born on July 24, 1945, he took over the reins of family business in 1966 at the age of 21.

He is the Chairman of Wipro Technologies, one of the largest software companies in India. He is an icon among Indian businessmen and his success story is a source of inspiration to a number of budding entrepreneurs.

Several other achievements include: (a) voted amongst 20 most powerful men in the world by Asiaweek magazine in 2000; (b) among the 50 richest people in the world from 2001 to 2003 listed by Forbes; (c) rated among the 100 most influential people in the world by Time magazine in April 2004; (d) one amongst the Richest Indian for the past several years; and (e) has been honoured with Padma Bhushan in 2005.

Open Secrets on Focus

Mental clutter, hyper-mind, head on overdrive—we've all been there. Here is some soothing relief – to stay on track and to focus:

- *Concentrate – Think one at one time*
- *Be positively selfish to be clear about your goals*
- *Find birds of your feather*
- *Make resolutions and work on them*
- *Open your mind*
- *Pay active attention to yourself and surroundings*
- *Let Go!*
- *See as if for the First or the Last time*

The Science of the Law of Attraction

William L. Oliver

The Law of Attraction works on principles of quantum physics. Since the 1930's modern science has found solid proof that everything in our world, when broken down to its smallest component, is made up of the same stuff, namely energy. This too-small-to-describe energy vibrates and attracts to itself more energy vibrating in the same way. Everything in existence vibrates at certain frequencies. Identical frequencies are sort of like magnetic radio waves that attract matching energy.

Simply put, "like attracts like," whether negative or positive. When you are constantly having positive thoughts about the results you want in your golf game, then you will eventually over time manifest those very results that you have been thinking positively about. When you are having negative thoughts and feelings about results that you don't want, you will also eventually manifest those results into your game.

If you are experiencing negative thoughts such as frustration, anxiety, and disappointment about your golf game, you will attract negative results into your golf game. When you are having positive thoughts like passion, excitement, and joy, you'll attract positive results into your game. Now this won't happen overnight, but over time you'll continue to attract more and more opportunities that allow you to play better golf.

The Law of Attraction helps us understand how our thoughts affect the results we attract into our lives, and it is effective in helping golfers like you understand how your thoughts affect your golf game. When I created my Law of Focus for Golfers Training System I based many of my exercises and teachings on the powerful Law of Attraction. I discovered that when the principles of the Law of Attraction were applied to golf they helped make the game easier to understand.

Principles of the Law of Attraction!

1. Identify your desires
2. Maintain focus on your desires
3. Raise your level of positive feelings
4. Remove doubt from your mind
5. Celebrate your ongoing success

<http://LawofFocusforGolfersBook.com>



We don't need to believe in miracles. We just need to rely on them - they always happen when we need them most.

Pavla

The key to success is to focus our conscious mind on things we desire, and not on things we fear.

Brian Tracy

Focus on your potential instead of your limitations.

Alan Loy McGinnis

Lateral Thinking on Focus

Standing unique at the goal

A man began a job as an elementary school counselor, and he was eager to help. One day during recess he noticed a boy standing by himself on the side of a playing field while the rest of the kids enjoyed a game of football at the other. He approached the boy and asked if he was alright.

The boy said he was. A little while later, however, the counselor noticed the boy was in the same spot, still by himself.

Approaching again, he said, "Would you like me to be your friend?" The boy hesitated, and then said, "Okay", looking at the man suspiciously. Feeling he was making progress, he then asked, "Why are you standing here alone?"

"Because," the little boy said, "I'm the goalie!!"

Setting Goals

Eric Seidelman

"If you don't know where you're going, you'll never get there." How many of us have fallen victim at one point or another to not setting goals? Unfortunately, it's a sad truth that most people don't set any worthwhile goals. For the most part, people are content with just getting by and as a result, the goals they set do just enough to "get by". What if you made the decision to go a different route and set huge worthwhile goals? What would be possible for you and your life if all of sudden your goal in life was far greater than getting by? I'm not referring to "world peace" or "ending hunger", although those are absolutely worthy goals. It makes more sense to start a little closer to home. What about providing more than enough for you and your family? Giving back to your community? Make \$100,000 a year for the first time. It doesn't matter what your goal is, the point is...make one.

Harvard business school did a study years ago that followed a group of former students after graduation. They surveyed the students before graduation and multiple times after graduation over a long period of time. The research from this study showed that the 3 students who set goals were the ones who had accomplished the most by the end of the study. Of the group, 3 of the people became homeless and unemployed, and there was a drastic difference between the two groups of students.

This shouldn't come as a surprise. Goals are the basis for all achievement. Without them, you are merely spinning your wheels with no real direction to go in. Whether you are an entrepreneur or an employee, begin now to set goals, write them out, focus on them every day until you become passionate about achieving them. If you find it difficult to become passionate about the goals you've created for yourself... create new ones. Think BIG. Goals are meant to stretch the imagination, they are meant to go beyond what is reasonable and into what is incredible. If you are able to create big goals which you are passionate about, if you focus on these goals each and every day and if you take action that will move you in the direction of these goals, amazing things will start to happen. You will notice changes in your life. People around you will notice changes in you and the results in your life will show that. If you are satisfied "just getting by" in life, then maybe this article won't appeal to you. But if there is any area of your life which you feel could be better, then begin now to set some goals for yourself in that area.

<http://www.articlebiz.com/article/67857-1-setting-goals>

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Old wine in new bottle – Focus on the Green and ignore the Sand trap

Remember how it was to jump on a curb as a kid and have contests with other kids about how far you can walk on that relatively thin curb? Actually, most of the time, it wasn't that hard. Maybe the curb was thin but it wasn't a big deal if you fell off. You'd just get a few laughs from your friends and you could try again. Come to think of it, it was pretty easy to stay balanced.

Now imagine that you would be trying to walk on the same curb, but that the thin solid line would have nothing around it other than space. You step off the curb, you fall all the way down. All of a sudden, what seemed like an easy activity to accomplish on the ground, becomes an almost impossible task to accomplish. Most of us would be overcome by the fear of the vast void into which we could fall.

The difference between the few people who would be able to walk the thin line from one end to the other safely, and the many who would worry so much about the void that they would fall into it, is not the ability to walk the thin line. The difference is the ability to focus in the right place.

For those of you golfers: when you are thinking "please, NOT in the sand trap!" - the ball goes in....yes, the sand trap. Focus on the green!