

# Developing a Meta Mind Attitude of Positivity

- by [Revathi Turaga](#) 25 Nov 2008

This story has been read 2057 times.

**Category:** Lifestyle

**Topic:** [What do you think about the Reality-TV shows](#)

A "Meta Mind Attitude of Positivity" is about having a positive attitude when situations are not positive; it is about converting a negative situation into a positive one without really changing the situation."It is about transpecting and reframing the situation.

You always have a choice, even if it is only a choice of your attitude – Lucy MacDonald

The inner voice of the human mind... can make anything worse!!! It can take a small problem, muse over it for some time, and make it a bigger problem. It can tell what might go wrong, point all the dark possibilities, and imagine a very bad situation, thus taking a mild annoyance to a major disaster and convince itself that the imagined situation is the real situation. We then struggle to confront a problem that only exists in our mind.

The inner voice of the human mind... can make anything better!!! It can take a huge problem, acknowledge, understand, and assess it, then think and analyze possible solutions. It can look at the chances of overcoming the problem and of generating various alternate options, willing itself to accept the situation, and look beyond the horizon to believe that the situation is resolvable. We then calmly work through the problem towards our objectives.

There are aspects of our life that are beyond our control. When these create problems, i.e. situations that cause us trouble, our energy and peace of mind look for aspects within our control, to be able to stand up and counter the problems. One aspect that we do have within our control is our attitude of positivity!

Observe yourself in situations --> listen to your inner voice --> change your inner dialogue --> change your attitude --> change your actions --> change your outcomes

Give yourself a serving of positivity every morning... :)

Revathi Turaga  
Meta Mind Management & Edward de Bono certified trainer  
+91 92915 39560

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**karthik** - hyderabad on 11/25/2008 12:40:14 PM

very well said. real positive words.

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**aks** - chennai on 11/25/2008 1:37:24 PM

nice article..infact there are various souces to get motivations from. The couple of which i like the most are Frozen Thoughts Magazine and the contents from www.pravsworld.com

**Nagesh R.kamath** - Deire Dubai on 11/25/2008 1:57:37 PM

Great reading. Must read and follow...

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**d p sase** - aurangabad on 11/25/2008 2:15:05 PM

A very nice article, useful for mind management tricks. It is true that only only the ineer voice can change ur atttitude and onlt attitue cane change the situations. thanks a lot for such a wonderful article.

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**sara** - Punjab on 11/25/2008 2:19:30 PM

Developing a 'meta mind attitude of positivity' towards life cannot be taken lightly, but at the same time would like to follow it like how Nagesh wrote.....

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**E. Prince Francis** - Chennai on 11/25/2008 3:30:26 PM

Dear Ms.Revathi, thanks for ur suggestions. Please keep sending more informations about positive thinking to me. Due to negative thots, I stammer a lot, kindly help me. Thanks

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**Alwan Masih** - Chandigarh on 11/25/2008 7:39:32 PM

An excellent article which can change lives.

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**Bharani Banka** - Dallas on 11/26/2008 1:10:43 AM

Thank you Revathy. The article is worth a way to start a day. Additionally always being Good with ourselves will help us to solace our inneself and give peace and calmness. Keep sending your articles. It's benefit for all of our readers.Thank you very much.

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**Vijai** - Fullerton on 11/26/2008 4:26:01 AM

I agree positive attitude is required to tackle any situation and handle it effectively, also we can live happy.

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**Prasad SDV** - Chicago on 11/26/2008 4:49:57 AM

Congrats Revathi !!

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**sunil** - calgary on 11/26/2008 10:20:29 AM

Say one thing and that can change you. "I can do it". Your article was moral boosting... keep writing

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**Amey** - Bangalore on 11/26/2008 11:04:56 AM

Excellent article, the below mantra may change my life... Observe yourself in situations --> listen to your inner voice --> change your inner dialogue --> change your attitude --> change your actions --> change your outcomes

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**sumanth** - hyderabad on 11/26/2008 11:56:15 AM

good one

**ReplyForwardReport Abuse**

**Sumanth** - Hyderabad on 11/26/2008 11:57:03 AM

positive thinking

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**Sanjay Rikhy** - new delhi on 11/26/2008 12:44:20 PM

Excellent topic ,thanks Revathi !

**ReplyForwardReport Abuse**

**Shilpa** - Pune on 11/26/2008 3:51:20 PM

Excellent!!!!

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**sirisha** - Bangalore on 11/26/2008 8:28:01 PM

Excellent article Revathi!! I think this is a very apt topic for the prevalent tough times and further too!!Thank you for sharing this with us.

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**Revathi Turaga** - Hyderabad on 11/26/2008 10:17:16 PM

Dear Friends Thanks a lot for your thoughtful comments. Sure, will keep sending more whenever I can. Please feel free to email me on [info@revathionline.com](mailto:info@revathionline.com) any time and stay in touch. Francis: Sure I can help, only, you will HAVE to email me, I do not know how to get in touch with you here. Keep reading and commenting.. Revathi You can also read <http://content.msn.co.in/MSNContribute/Story.aspx?PageID=e28cf452-09be-4dd5-a6c0-c998d81bf851>.

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**Munish** - Mumbai on 11/27/2008 12:29:31 AM

Nice article revathi..Also let us know how to practice not to think anything..is it possible to control our mind, since it keeps in wandering and just collects all thoughts - positive , negative , everykind.Would be glad if you could throw some light on this too!!

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**Harpreet** - Bangalore on 11/27/2008 8:03:01 PM

As usual, nice article mam. Its really something that we all know and understand but still many of us are not able to grab what our inner voice says. Our mind mostly goes negative in cases which are not favourable to us. If we can only give some time and keep ourselves open to our inner voice, we will be able to see the real hidden meaning of the situation. take care :-)

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## Plan your evening... using Six Thinking Hats

- by [Revathi Turaga](#) 26 Nov 2008

This story has been read 746 times.

**Category:** Lifestyle

**Topic:** [What do you think about the Reality-TV shows](#)

What do I get her? Where do I take her? Will she enjoy the movies? What cuisine would be her favourite choice for the day? Should I get her flowers or a brooch or buy her jewellery?

Uff!! The umpteen thoughts that go behind planning this your evening out with your loved one! Some of us finally go with our intuition, and if we're lucky, the evening is fantastic... and for those of us inexplicably in love, it is a breeze...

Still, for those of us who're unsure, or yet battling out choices, here's a method that can help... taking into consideration logic and emotions – Edward de Bono's Six Thinking Hats! It is a simple, effective, globally accepted parallel thinking process that helps us to be more productive, focused, and mindfully involved in making decisions – even in matters of the heart!!

Planning your evening out with your loved one, usually is a swirl of emotions, which may lead to a state of helplessness and confusion. We finally decide and cross our fingers for the best! What are these emotions doing where there ought to be only one. Love...

Now, here's a real gift... a technique that helps make the best choice within 30 minutes! Just 30 minutes.... All you got to do is to use the Six Hats and follow the steps below:

Blue Hat – 2 minutes

Wear your blue hat for 2 minutes and manage your thought process the next 30 minutes by playing the role of a facilitator. Answer:

Focus: Decide how to make this the most cherished and fantastic evening for us.

Sequence of hats and time for each: Blue (already started – 2 minutes), Red – 30 seconds, White – 4 minutes, Green – 4 minutes, Blue – 2 minutes, Yellow – 4 minutes, Black – 4 minutes, Red – 30 seconds, Blue – 4 minutes

Total time: 25 minutes

Remember, the time you are wearing a hat, stay focused only on the questions under that hat, without wandering off to others!

Imagine! An effective decision on the best way to spend your evening, in the next 23 minutes!!!!

Red Hat – 30 seconds – feelings, emotions and intuitions. Answer:

Is there any place you just know is right?

Is there any gift you just know is right?

No reasons, no logic, no explanation as to why – just note it down. Nothing on the top of your head – don't worry – leave blank.

White Hat – 4 minutes – data and information. Answer these (no speculation – based on past experiences, or ask her or her friends and relatives you know):

her likes? – in clothes (western/Indian/etc), in cuisines

(Mexican/Indian/Italian/Mediterranean/etc.), in gifts (jewellery/clothes/perfume/etc), and flowers and card?

her dislikes? – what should you be sure to avoid in the above?

Where did you go out the last 3 to 5 times to eat – how did she react to the place?  
What were the last 3 to 5 gifts you bought her – how did she react to each of them?  
What did she talk about movies – which ones did she like more – romantic/ motivational/ art/ comedy/ action/ etc?  
What does she love spending her time doing more – movies, eat out, shopping, time in a park in conversation, party, or a combo?  
her favourite colours, flowers, etc?  
any other data or information that can be relevant and you know is accurate?  
special options open in the city for this week? the latest fashion? What's happening and what are the "in" parties and places to be in the city?  
Pause here and do the research in the city paper and on the net and the bill boards for what's on.  
No evaluation of any data, just make the entire list.

Green Hat – 4 minutes – think of ideas and alternatives. Use the above white hat information and answer:  
choices for the evening – movie, dinner, gift, flowers, shopping – or a combination of any of the above  
choices for movies – theatre, movie, seats, show?  
choices for dinner – restaurant, time, table, book in advance?  
choices for gift – from likes and dislikes – gift wrapper colour to the gift – buy with her by taking her shopping or buy earlier – where to buy?  
choices for flowers n card – place to buy, when and how to send / give her, mix of flowers for bouquet – you can give her more than just roses!  
choices if to go shopping – your budget, which mall(s), shopping for what?  
any other ideas you have on how to spend the evening?  
Again, no evaluation of any of the above choices, just make the entire list.

Blue Hat – 2 minutes  
Consolidate the points from the above green hat ideas and the 1st red hat intuition points to form a cohesive list of activities for the evening.

Yellow Hat – 4 minutes – benefits. For each of the above consolidated points under the blue hat:  
Why should we do this that evening?  
How will it work out for the good?  
How will it help us have a good time?  
How will it express my love and affection towards her?  
How will it make her and me happy?  
Are there any other benefits and plus points in any of the above points?

Black Hat – 4 minutes – weaknesses or the areas of potential problems or points of caution in various ideas. For each of the above consolidated points under the blue hat:  
Why may this not work out that evening?  
What possible problems we may face if we take up this activity?  
What possibilities that something here may be unpleasant for me or for her?  
What may cause problems at home, or for work the next day?  
What are a few unexpected situations that you may need to be prepared for?  
It may be tough to get yourself to look at potential problems in the activities you want to do on this day, still, focus your mind on them, as they are important in a decision making process.  
Then, since you've thought about them already, you're prepared for them!!

Red Hat – 30 seconds

The Red Hat deals with feelings, emotions and intuitions. For a quick 30 seconds, take a look at all the points you have listed down, and pick the option/options that appeal most to you. Choose the combination from what your intuition says – take minimal time..

Blue Hat – 4 minutes

Wear your blue hat for 4 minutes and manage your thought process by playing the role of a facilitator. Consolidate and answer with a yes or no and if yes, specify:

Flowers and Card:

Gift:

Dinner:

Party:

Shopping:

Movies:

Potential problems to be prepared for that might crop up:

All said and done, spending time with your loved one is only about love and friendship and happiness and enjoyment... So, relax... and have a fantabulous time!!!

The Six Thinking Hats model is also a useful tool for ensuring comprehensive analysis of problems, creating a framework for conversations and preventing conflicts.

Revathi Turaga

Certified Edward de Bono trainer and Meta Mind Management trainer

+91-92915-39560

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**KPartha** - Chennai on 12/9/2008 5:12:54 AM

What has been suggested by the author to a simple matter of an evening with loved one, would fetch immense benefits if followed on complex issues often met with in organisations. A training programme in such innovative methods is a must in every organisation that wishes to move forward. An excellent piece to be read by HR & Training heads

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**Sarath Chandra** - Hyderabad on 11/26/2008 10:04:59 PM

Very good one! Thanks for the nice write up.

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**Sarath Chandra** - Hyderabad on 11/26/2008 10:04:57 PM

Very good one! Thanks for the nice write up.

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# The Concept of Forgiveness

- by [Revathi Turaga](#) 06 Dec 2008

This story has been read 780 times.

**Category:** Lifestyle

**Topic:** [What do you think about the Reality-TV shows](#)

Let me ask you this question - Should we easily forgive those who have caused us grief and anguish??????

Would you have been honestly able to say yes???

There is a well known story about how a kindergarten teacher helped the children learn the importance of letting go of hatred and to forgive. She gave each child the number of potatoes as the number of children they hate, and asked them to walk around with these in their bag for a week. By the end of the week, the potatoes rot and the children with more number of them start complaining. The teacher then explains that this is what happens when we carry negative feelings or hatred against others and that it will only harm us so we might as well let it go by forgiving.

A very profound concept to which one response from anyone could be that his/her experiences have shown that hating the other person helps him/her to raise and succeed more in life and so s/he would not believe in just forgiving. Seems logical enough and there may be many others who may feel so too... so, does this story reveals a practicable moral? Here are a few thoughts that I penned down as I mulled over this...

This discussion reminds me of the popular statement that most behavioural trainers rely on, "different things work with different people. Pick what works for you and use that." Not always true. There are always principles and laws in this world that when practiced the way they are professed, will definitely help an individual succeed. Problem is, we do not always follow them as professed, but do so as we like... coz of which the outcome is not the same as it is supposed to be.

The same is true in the case of forgiving also. We so easily say "forgive and move on - that is the way to success" that we do not ask the one important question - "how? How does forgiving and letting go of hatred help clear up the path to success? How should I work on forgiving such that it will clear that path?" Even in today's age of techniques and concepts such as NLP's modelling and Meta Mind Management, we do not ask the vital "why?"

Many people also say - "I am not like the Mahatma. I will not show my other cheek if one is slapped. In today's world I will do what it takes for me to go forward and those who purposefully come in my way with negative intentions towards me are wrong and I do not need to forgive them."

Very true, you do not need to... In the article, potatoes are taken as an analogy for hatred. Let us think about this for a minute: it is true that potatoes over a period of time do get rotten! However, it is but human to usually carry these potatoes (feelings) with us for some time. What is important is what do we do with these potatoes for the time that we carry them (while they are not yet affecting us)? Do we achieve what we have to and then get rid of them before they become a problem for us? Or do we just let them be and let them rot and keep holding onto them until they become unbearable (in life this can be stress and frustration caused by our feelings).

Meta Mind Management in forgiveness happens when we accept the negative feelings that arise in us (instead of trying to be saintly – of course, assuming we encounter these once in a while as humans), and know what to do with them such that they help us towards our goals, and then discard them aside before they start to harm us...

Current user Rating : 5 by 12 user(s).

[COMMENTS \(8\)](#)

**manali d** - hyderabad on 12/6/2008 5:29:30 PM

I am sorry coz. I have read to day only due to my some problems. It is indeed a very good article and mostly the best one among the betters! Please HOLD ON. For every problem that we get in our day to day life there is every answer in the Bhagavt Geeta. I give an article on this to day. Generally I see the head line and read them. You are a good thinker, I knew Turaga varu very Good thinkers. you have expressed your opinion on forgiveness. I do the same probably on Monday. Good luck to you. I except few more from this pen. five stars

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**Srihari Reddy** - Chennai on 12/7/2008 12:35:06 AM

Nice article every one needs to read & understand the importance of FORGIVENESS. Becoz once we forgive we stop thinking of those bad hours/days/months/years of our life n move ahead otherwise miss another opportunity awating to embrace us with love n affection. Kuidos!!!!

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**Kiran Korisapati** - Cincinnati on 12/7/2008 1:09:59 AM

Revathi, In my perspective whether we have to forgive or not depends upon the person who committed the deed. I can forgive if the guy who committed the deed realizes his mistake and feels guilty. But for a guy, who either does not realize his mistake or realizes the mistake and does not feel guilty, there is absolutely no forgiveness. Please remember, even in the mythology, saints who used to be pious sought the help of Kings/Warriors to take care of Demons.

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**KParthasarathi** - Chennai on 12/7/2008 6:12:03 PM

A nice article. We often refuse to forgive and forget the hurts caused to us by word or deed and cling on to them with anger or tears in our eyes. The persons responsible for such hurts may no longer be part of our lives. We would still be carrying the grudge and nurturing the negative thoughts that only get rotten as Revathi has put. We cannot go forward carrying such unwanted burden. Difficult though it might be, we should develop the ability to free ourselves of resentment. Thanks for the good piece kpartha12@hotmail.com

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**Revathi Turaga** - Hyderabad on 12/8/2008 10:37:14 PM

hi thanks for your comments.. do email me at info@revathionline.com .. i do not know how to contact you through here...

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**Seshu BSR Chamarty** - Hyderabad on 12/11/2008 8:55:50 PM

Revathi, a well written message conveying the need to forgive others--for forgiving others is also forgiving oneself.

**A.Jafar Sali** - Sriharikota on 12/19/2008 2:46:09 PM  
excellent Revathi !

**madhu.g** - city on 7/30/2009 6:57:06 AM  
very nice

## Meta Mind Elements of Excellence...

- by [Revathi Turaga](#) 09 Dec 2008

This story has been read 640 times.

**Category:** Lifestyle

**Topic:** [What do you think about the Reality-TV shows](#)

A professional today has to breathe and live his/her dream 24x7, and have the ability to put up with tremendous stress... which does not come easy

As we venture into our journeys, armed with our passion, knowledge and skills, there is a comprehensive list of 54 elements of Meta Mind Management™, a researched one stop technique and framework that helps us increase our speed, target the right audience, and achieve results, to practice and use to achieve the same...

Meta Mind Management™ is a behavioral science that provides a model, framework, methodology and philosophy for personal and professional excellence using international concepts for managing mindsets and sharpening skill sets, to achieve success and happiness.

To simplify this, :) over our research of successful and high achievers, amongst others, in this world, it has been found that, there are certain common factors amongst them. They share certain –

1. Values – These are our desired results, and motivators – What we value, aspire for and are precious to us in life. These are our goals. Research provides 9 values that peak performers share to achieve success in life. These include goals like peace of mind, financial freedom, health, relationships, professional goals amongst others.
2. Beliefs – These are feelings of certainty. Based on experiences, we develop belief systems that determine what we do and what we don't in life. Research provides 9 beliefs that peak performers share to achieve success in life. These include believing in oneself, in hard work, in being in charge of one's life amongst others.
3. Attitudes – These are our thought patterns & perspectives. This has also to do with the fact that we get what we expect from life, and how we look at life. Research provides 9 attitudes that peak performers share to achieve success in life. These include an attitude of learning, positivity, humility, and gratitude amongst others.
4. Skills – These are our abilities exhibited as behaviors. This is about knowing how to do anything and to practice and perfect that. Ultimately, all skills narrow down to communication at different levels. Research provides 9 skills that peak performers share to achieve success in life. These include communication, creativity, goal setting, assertiveness, and leadership amongst others
5. Qualities – These are our habits which over a period of time, become attributes. Actions when repeated over a period of time become habits; and habits which when become ingrained in ones personality becomes one's attributes which are exhibited or described as qualities. This is when others define us by these qualities, for example – that we are disciplined. Research provides 9 qualities that peak performers share to achieve success in life. These include discipline, passion, confidence, responsibility, and empathy amongst others

and science, gives us insights that can help us to create change. Research provides 9 laws of

human behaviors that peak performers accept and work with to achieve success in life. These include the law of control, of change, of focus, and of honesty, amongst others.<sup>96</sup> Knowledge – This is to have awareness of the laws of excellence in this world. Knowing the laws of human behavior, which are as true as the law of gravity

Revathi Turaga,  
www.revathionline.com

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**PREETEM GULRAJANI** - MUMBAI on 12/12/2008 5:44:45 PM

XCELLENT; THOUGHT PROVOKING NUGGET.

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**Prasad SDV** - Chicago on 12/11/2008 7:47:31 AM

Nice one.. liked it...Congrats Revathi !

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**Revathi Turaga** - Hyderabad on 12/9/2008 1:25:24 PM

Books on the concept all still on the way,.. A training as of now is the Excellence Workshop details of which you can find at [http://www.metamindmanagement.com/index\\_files/Page1471.htm](http://www.metamindmanagement.com/index_files/Page1471.htm) or call me on 92915 39560 for further details to attend

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**Sridhar** - Bangalore on 12/9/2008 1:19:42 PM

Nice. How can I learn more? Should I buy a book or attend training?

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**KPartha** - Chennai on 12/9/2008 12:04:41 PM

A gist of what a Meta Mind Management training can achieve is spelt out in this wonderfully written short piece. Young professionals wanting to attain excellence in things they do should take advantage of it. A very educative article. Thanks

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## Turn Adversities into Opportunities...

- by [Revathi Turaga](#) 23 Dec 2008

This story has been read 1147 times.

**Category:** Lifestyle

**Topic:** [Others](#)

Adversity causes some men to break, others to break records.  
William A. Ward

Achievement... Winning... Success... Goals...  
Almost each time these words come to our mind, so do other words...  
Adversities... Obstacles... Problems...

Adversity is a fact of life. It can't be controlled. What we can control is how we react to it. And how we can succeed in spite of it!  
When faced with adversity we can give up and adopt the poor me attitude. Or we can look at adversity as an opportunity to find ways to do things... We can be determined, persistent and persevere. It all comes down to your choice - and it is a matter of choosing to achieve; to win over the adversities; and to succeed!

We may not be able to do anything about the adversities that life brings us... What we can control and manage however - is the courage and determination with which we perceive our goals to win over challenges... and to achieve our successes...

Achieve the Meta Mind way... Turn every adversity into an opportunity today!! :)

Revathi Turaga  
+91-92915-39560  
[www.revathionline.com](http://www.revathionline.com)

Current user Rating : 4 by 7 user(s).

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**KP** - Chennai on 12/24/2008 4:55:24 PM

These courses provide the structured way to overcome adversities and turn them to fruitful outcomes. Youngmen and women who wish to succeed in the face of obstacles should explore such avenues. Thanks, Revathi, for the promise of help.

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## Self Respect...

- by [Revathi Turaga](#) 05 Feb 2009

This story has been read 411 times.

**Category:** Lifestyle

**Topic:** [Others](#)

When a person truly esteems themselves, s/he will take 100% responsibility for her/his own lives!

If the face of high self esteem and self respect is towards valuing, regarding, liking, and respecting oneself; then what is the true face of low self esteem and self respect? The one that always keeps pleading for help as the underdog, the under achiever, or the other i.e. the negative one that says I can't, I shouldn't, I have to?

If the above kind of thinking sabotages your success, then high self esteem and self respect thinking enhances chances of success... Self respect and individuality is not about seeing yourself as the greatest person in the world. It is also not about being the best, nor about having no weaknesses or no self doubts. It is not about earning the maximum, nor being always right...

In fact, self esteem and self respect is simply about confidence and liking yourself for who you are, while also respecting others for who they are... with humility... It is celebrating your strengths and achievements, learning from your mistakes, and confidently striding forward in life...

Self respect is also about forgiving yourself your mistakes!

Respect yourself and others will follow... :)

Revathi Turaga  
www.revathionline.com  
91-92915-39560

Current user Rating : 4 by 3 user(s).

[SEE THE LATEST COMMENTS \(3\)](#)

[Lata Nagraj](#) - Hyderabad on 2/12/2009 5:42:07 PM

Very true , self esteem and self respect reflect your confident image.

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[KParthasarathi](#) - Chennai on 2/5/2009 3:55:47 PM

You have ably summed up in the last para and the two succeeding lines what self esteem and self respect are all about.

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[KParthasarathi](#) - Chennai on 2/5/2009 3:45:24 PM

You have ably summed up in the last para and the two succeeding lines what self esteem and self respect are all about.

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## Embedded Roots ... Displaced Branches??

- by [Revathi Turaga](#) 29 Apr 2009

This story has been read 359 times.

**Category:** Lifestyle

**Topic:** [Others](#)

Embedded India Roots ... Displaced Foreign Branches

Is India a better place to settle? Or is the western world? Off late, I have been seeing this debate go on in my school groups and makes me think about it.. and having lived in the US and travelled across for over 3 years... I am going to just down my thoughts.. Here they are..

If I may say so once, I love living in India and travelling all over the world... Nothing I believe I can't get here that I cannot achieve when outside.. and well, for me, family is family.. nearer to parents is happier :) especially after I lost my closest friend n my best guru n one who taught me to be me in life - my grandfather, when I was in the US in 2000 n I couldn't get leave n reach in time to see him before he was put to rest too... that was hurting like anything n I decided to live here n travel... n then explored career opportunities n education opportunities n realized that nothing is really missing here too...

A lot of the physical n materialistic attributes are available here given if I have the money - which I need wherever I am... n if I know where to get them... And regarding passing on the right things to others in and outside of family... well that is a lot dependent on how we think, how we communicate, educate them, how we act, n our values n ethics.. n how we can bond and influence others (children or otherwise) to the right track with the awareness of the outside world..

With a lot of positives and negatives of each country... I fully appreciate and congratulate each one of us who have been able to and are still sampling the tastes of the developed nations.. for it is this flexibility to struggle, find our ways, survive, and celebrate our lives and that of our families in countries we have been alien to in the last 20 years of our life.. it is this that makes us resilient, strong, and helps us be what we are today.. n spreads our name n culture across...

And I also appreciate and laud those of us who chose to stay back here, or come back here.. to cherish the life here, to embrace our roots, to make this nation better (I recently visited this small school that one of my school friends and a few of his friends run in a village near Kodadu (in Andhra Pradesh)- it is small in terms of physical - I have to appreciate the passion n the intensity of warmth n selflessness that radiates over there - in that it is huge!), there are many of us who work in some way or the other to do what we can do... n who cherish this country of ours that has its own positives too..

There are as many success stories (in %age) in India as there are in America, etc... and there are as many failings in America, etc as there are in India (in %age).. Stats prove so.. it is a privilege for the western world that their basic foundations of freedom, independence, and individuality make them market n promote n project this so much to the entire world.. whereas as those basic foundations of relationships, emotional n sentimental bonding, being a rock solid support at the back - these make us not bother to project our successes.. and yes, we can learn from the western culture do to this..

But then that does not mean that either nation lacks in either of these.. they are present.. only, what is projected is seen.. I do not want to get into examples specifically (though there are umpteen of them as many in this groups will agree) as it will take this conversation into nit

picking the specifics and away from the broad concept..

Every nation.. every country.. every city.. every decision.. every choice... every job.. every relationship. . every act.. every word we speak... every minute what feel/think/say/ do... always n always.. have consequences - both positive n negative... have advantages n disadvantages. .. have reasons why we should do it n why we should not.. and each one of us makes choices in our lives.. choices that change n keep changing over a period of time.. :) n we learn to live with those, find reasons to enjoy them, n are happy... No one has a right to decide for another as to what is good for them..

Am sure we all cherish the country we are born in n spent our childhood in (for as many less or more years - it does not matter).. It has given us our roots, the basic culture from which we have learnt to learn n live n survive, our parents, our families, our basic formal education, our way of thinking (whether we agree or not - we've lived n eaten here n learned our first baby steps in life here).. and while we grow n go everywhere, we learn about the rest of the world n come to love n cherish the things there more (some of them) esp if we feel/have felt the lack of them here... and well, they are both fine.. as long as we can learn to respect the other side of the coin.... n the sensitivities n conviction n patriotism n passion of the people on the other side..

When me, and a few friends of mine visited Florida NASA centre in 2000 end.. I remember seeing a quote there on the door of the area in NASA outside the International Space Station area.. It was by a Russian scientist I believe - I do not know if it is still there.. It goes like this "Agreed, that earth is the cradle of mankind. But, man does not intend to live in his cradle lifelong"

I felt it was awesome.. giving credit to the spaces outer world.. and asking to step out to it... and yet acknowledging the place where we are born n giving it a high stand in the mind.. that is how I would look at the other nations and India too..

Revathi Turaga

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Very nice and thought provoking, should be expanded further.

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